



An *Active Learning* Trust Academy

Burrowmoor Road  
March  
Cambridgeshire  
PE15 9RP

Telephone: (01354) 652330

Head of School : Mrs Anne McCarthy  
Executive Head Teacher: Mr Jason Wing

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14<sup>th</sup> June 2016

Dear Parent / Carer

**Re: Personal, Health and Social Education – Year 5**

As part of our Personal, Health and Social Education, Year 5 will be covering the topic 'Sex and Relationships Education.' The purpose of this letter is to inform you that this work will take place over the following few weeks. You may find that your child starts asking questions about the topic at home, or you might want to take the opportunity to talk to your child about issues such as those below before the work is covered in school.

**In Year 5** these sessions will include teaching about the physical changes that take place during puberty, why these changes happen and how to deal with them, as well as new aspects of personal hygiene relevant to puberty.

SRE is taught by the class teachers and all teaching materials are appropriate to the age and emotional maturity of the pupils concerned. The teachers will aim to present the programme in an objective, balanced and sensitive manner.

Sex and relationship education is usually delivered in mixed gender groups. However, there are occasions where single gender groups are more appropriate and relevant. We use the Cambridgeshire PDP Personal, Health and Social Education scheme of work to form the bedrock of our SRE curriculum.

Materials which will be used in the school's SRE Programme can be seen by parents in school on request and are available for you to browse through should you so wish.

Parents can withdraw their children from all or part of sex education that does not form part of the statutory National Curriculum. If you wish to withdraw your child from all or part of the school's sex education programme, please write to the Head Teacher.

If you have any questions, please do not hesitate to come in and see us.

Mrs M Barnes, Mrs L Walker and Mr A Daniel